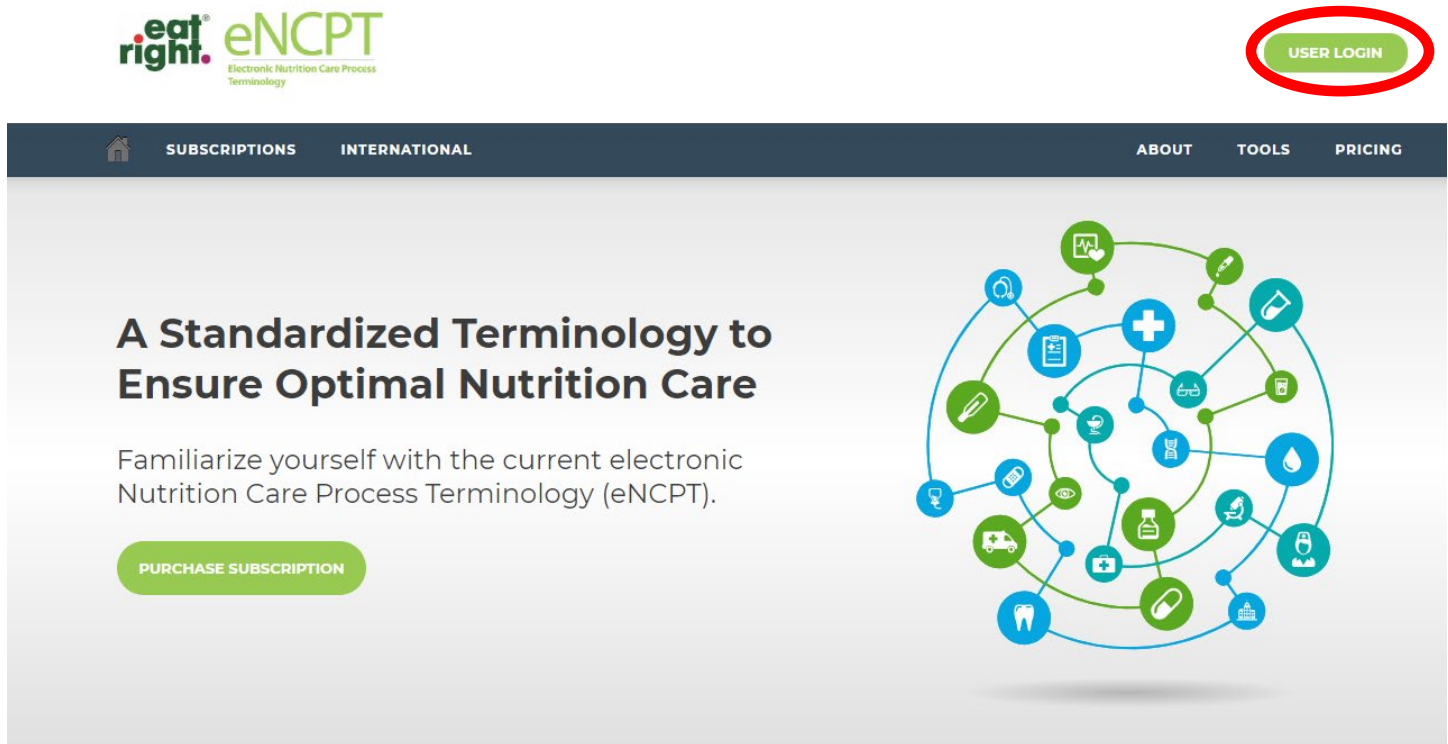


Guide to Navigating the eNCPT

1. Visit www.ncpro.org and click on the Login button in the upper right corner.



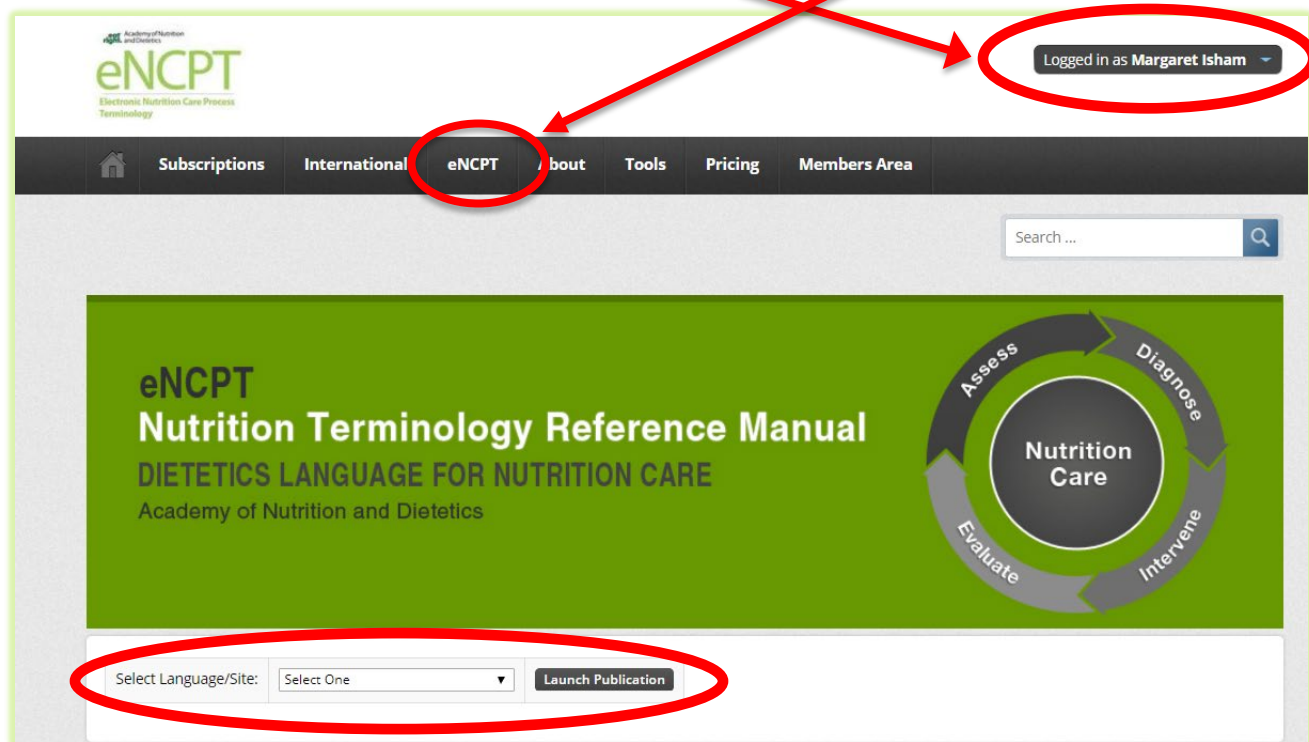
(Use the most up-to-date version of Google Chrome for the best results)

2. Log in with your username and password and click "Sign In."

The screenshot shows the login page of the eNCPT website. At the top left is the logo for 'eat right. eNCPT' with the tagline 'Electronic Nutrition Care Process Terminology'. At the top right, a green 'USER LOGIN' button is present. Below the logo is a dark blue navigation bar with links for 'SUBSCRIPTIONS', 'INTERNATIONAL', 'ABOUT', 'TOOLS', and 'PRICING'. The main content area has a light gray background. It starts with the heading 'Welcome Back!' followed by the text 'As a registered member of this portal simply enter your eatright.org credentials below and click "Sign In"'. Below this is the heading 'Sign In'. There are two input fields: 'Username' and 'Password'. Below the 'Password' field is a checkbox labeled 'Remember me on this computer until I log out.'. At the bottom right, there are two green buttons: 'SIGN IN' and 'RESET PASSWORD'.

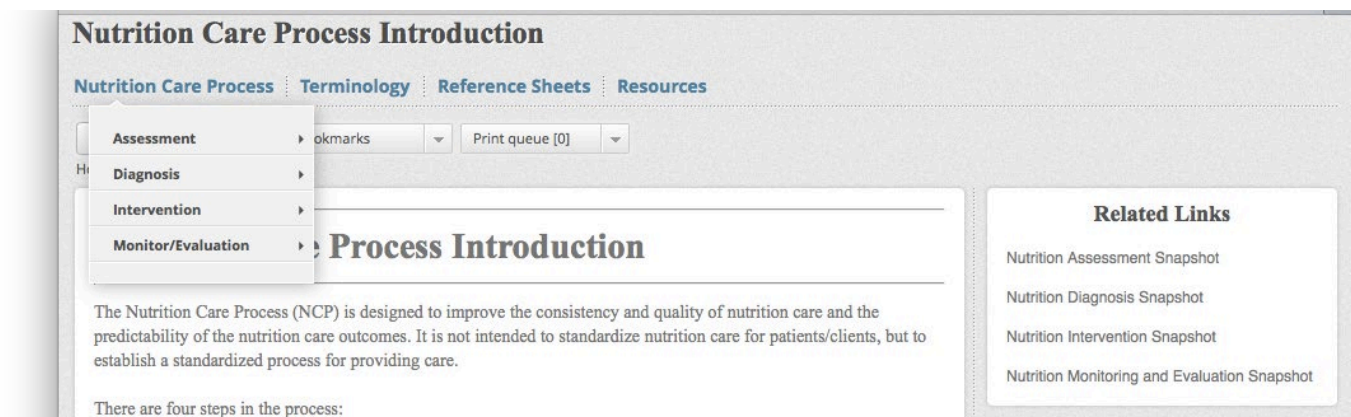
3. You will see that the corner button now says, “Logged in as” and it lists your name.

4. Click on “eNCPT”



5. Select your language and then click “Launch Publication.”

6. Once inside the Reference Manual, you can navigate an explanation and narrative of the Nutrition Care Process (NCP) by using your mouse to hover over the different NCP steps to open an expandable menu.



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What Is New In This Edition Related to Nutrition Assessment?

Nutrition Assessment Domains

Nutrition Assessment Components

Nutrition Care Indicators

Nutrition Assessment and Monitoring and Evaluation Reference Sheets

Nutrition Assessment: Documentation

Nutrition Assessment: Data Sources and Tools

Dietary Reference Intakes (DRIs) Interpretation

Summary and References

Matrix

The Nutrition Care Process (NCP) is designed to improve the consistency and quality of nutrition care and the predictability of the nutrition care outcomes. It is not intended to standardize nutrition care for patients/clients, but to establish a standardized process for providing care.

There are four steps in the process:

- [Nutrition Assessment](#)
- [Nutrition Diagnosis](#)
- [Nutrition Intervention](#)
- [Nutrition Monitoring and Evaluation](#)

Nutrition Care Process and Medical Nutrition Therapy
Food and nutrition professionals use the NCP to guide their interventions. MNT is not synonymous with the NCP. The [definition of terms list](#) further defines the NCP and MNT. Interventions may include one or more of the following: assessment, diagnosis, intervention, and monitoring and evaluation, and/or conditions.

Introduction

The NCP is designed to improve the consistency and quality of nutrition care and the predictability of the nutrition care outcomes. It is not intended to standardize nutrition care for patients/clients, but to establish a standardized process for providing care.

Medical Nutrition Therapy
The NCP is the foundation for medical nutrition therapy (MNT) and nutrition interventions. MNT is a specific type of nutrition care (1). The Academy's MNT is the application of the Nutrition Care Process that may include assessment, nutrition diagnosis, nutrition intervention, and monitoring and evaluation in the prevention, delay or management of diseases.

Implementation of the Nutrition Care Process and Future Directions

Publications and Resources

The eNCP provides extensive detail and explanation about the complete NCP Terminology for dietetics.

[Toolkits](#) are available to support Nutrition Care Process implementation and continuing education. [Toolkits](#) are also available from the Academy for the [Evidence-Based Nutrition Practice Guidelines*](#), which are based on evidence analysis projects (3). They contain sample forms and examples incorporating terms in the Nutrition Care Process steps.

Food and nutrition professionals may also find useful the extensive resources, including [patient/client case studies](#), a

Related Links

- [Nutrition Assessment Snapshot](#)
- [Nutrition Diagnosis Snapshot](#)
- [Nutrition Intervention Snapshot](#)
- [Nutrition Monitoring and Evaluation Snapshot](#)

7. To navigate the NCP Terminology, hover your mouse over the menu "Terminology," followed by the appropriate NCP step in order to open an expandable menu of the various domains.

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- [Nutrition Diagnosis Snapshot](#)
- [Nutrition Intervention Snapshot](#)
- [Nutrition Monitoring and Evaluation Snapshot](#)

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Anthropometric Measurements (AD)

Biochemical Data, Medical Tests and Procedures (BD)

Nutrition-Focused Physical Findings (PD)

Client History (CH)

Comparative Standards (CS)

Nutrition Care

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8. To navigate the NCP Reference Sheets, hover your mouse over the menu "Reference Sheets," followed by the appropriate NCP step in order to open an expandable menu of the various domains.

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