



Nutrition Care Process Model Tutorials

Nutrition Care Process and Terminology Committee
Academy of Nutrition and Dietetics

Nutrition Care Process Terminology
2015 Edition



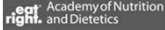
Nutrition Monitoring & Evaluation: Terms and Use



Module Objectives

By the end of this module, the participant will:

- Understand the organization of domains and classes of the Nutrition Monitoring & Evaluation terms.
- Understand the relevance and implement usage of the terms within each domain and class.



Nutrition M & E Terms: Overview

- Terms are organized into four domains
- Within each domain terms are organized into classes and sub-classes
- Each term is given an alpha-numeric term code to help link placement of the term in the term list and the corresponding reference sheet. There is no need or reason to use this alpha-numeric code in charting.

Nutrition M & E: Domains and Classes



Food –Nutrition Related History Outcomes -- data collected for monitoring and evaluating the patient and includes:

- Food and nutrient intake
- Food and Nutrient Administration
- Medication and Complimentary/Alternative Medicine Use
- Knowledge, Beliefs, Attitudes
- Behavioral (factors affecting achievement of nutrition-related goals)
- Factors Affecting Access to Food and Food/Nutrition-Related Supplies
- Physical Activity and Function
- Nutrition-Related Patient/Client-Centered Measures

Nutrition M & E: Domains and Classes



Anthropometric Measurements Outcomes -- data collected for monitoring and evaluating the patient and includes:

Body composition/growth/weight history

Nutrition M & E: Domains and Classes



Biochemical Data, Medical Tests, and Procedures Outcomes -- data collected for monitoring and evaluating the patient and includes:

- Laboratory Data (e.g., electrolytes, glucose, and lipid panel)
- Tests (e.g., gastric emptying time, resting metabolic rate)

Nutrition M & E: Domains and Classes



Nutrition-Focused Physical Findings Outcomes -- data collected for monitoring and evaluating the patient and includes:

Findings from a nutrition-focused physical exam, interview, or the medical record including muscle and subcutaneous fat, oral health, suck/swallow/breathe ability, appetite, and affect.

Nutrition M & E: Domains and Classes



Comparative Standards are the terms used by the RD, RDN, DTR for comparison of the collected data to determine a nutrition diagnosis (problem). They include:

- Energy Needs
- Macronutrient needs
- Fluid needs
- Micronutrient needs
- Weight and growth recommendation

Nutrition M & E



Review the Nutrition Assessment and Monitoring and Evaluation Terminology Sheet
[<http://ncpt.webauthor.com/pubs/ident-en/page-006>]

Note that while the comparative standards are used in the assessment phase for determining the patient's goal. This goal will provide the basis for what is monitored and evaluated during the patient's follow-up visits.

M & E Terms: Summary



In this module we have reviewed the organization and use of the nutrition monitoring & evaluation terms.

Please proceed to the next module for a discussion of the monitoring & evaluation terms in two case examples.
