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| **Nutrition Intervention (NI) Submission Review Checklist for a new Intervention submission –** new interventions (and revision or retirements) are based on the most current level of scientific evidence. | | | | | |
| **This is the form the NCPT Committee will use to evaluate your submission. Use it as your guide when preparing your submission.** | | | | | |
| **Criteria** | | **Extra comments – not for checklist** | **Yes** | **No** | **Comments / Suggestions** |
| Overall | Consistent with the definition of nutrition intervention |  |  |  |  |
| Diagnostic Concept | Distinct from existing concepts |  |  |  |  |
| Label | Clear |  |  |  |  |
| Stated at fundamental level |  |  |  |  |
| Supported by references | Literature\* to support label |  |  |  |
| Definition | Provides a clear, precise description of the label without using the language of the label. |  |  |  |  |
| Differs from defining characteristics |  |  |  |  |
| Supported by references (Identify the references to support this definition) | Literature\* must support the definition of the label.  Literature published in the last 5 years, unless classic studies. |  |  |  |
| Identifies other considerations | e.g.; client needs |  |  |  |  |
| Defining characteristics or details of the intervention  (minimum of 2 required) | Identified and consistent with the definition |  |  |  |  |
| Each contains a single concept not multiple concepts |  |  |  |  |
| Focus is on patient, client, family, and/ or population |  |  |  |  |
| Does not coincide or overlap with other intervention |  |  |  |  |
| Addresses patient/ population needs which are part of the RDN scope of practice |  |  |  |  |
| Supported by references or EAL recommendations | Literature\* supporting each defining characteristic should focus on literature published in the last 5 years, unless classic studies. |  |  |  |
| Bibliography  (minimum of 2 required) | All articles referenced |  |  |  |  |
| Numbered and linked to components |  |  |  |  |
| Literature published or included in an evidence analysis published in the last 5 years unless a classic study |  |  |  |  |
| Reference does not include textbooks |  |  |  |  |
| AMA format |  |  |  |  |
| Nutrition Diagnosis | Provide a minimum of one (1) and up to three (3) case studies of nutrition diagnoses from eNCPT which could be resolved by this nutrition intervention |  |  |  |  |
| Nutrition Monitoring and Evaluation | Provide a minimum of one (1) and up to three (3) case studies using relevant nutrition monitoring and evaluation terms from eNCPT which could demonstrate the effectiveness of the nutrition intervention |  |  |  |  |

\*Literature should be research-based literature (and focus on literature published in the last 5 years), but if such literature does not exist, non-research-based literature may be referenced.

**COMPONENTS OF AN INTERVENTION**

**Label**  
Provide a name for an intervention that reflects, at a minimum, intervention focus and RDN judgment. It is a concise term or phrase that represents a pattern of related terms. It may include modifiers. A literature review is required to demonstrate the existence of a substantive body of knowledge underlying the intervention. The structure is simple, clear and adequately described from the beginning (fundamental level).

**Definition**  
Provide a clear, precise description to delineate the term’s meaning and differentiate it from other similar nutrition interventions. The definition is consistent with the label, without using the language of the label. The label and definition are distinct from other eNCPT interventions and definitions. The definition differs from the defining characteristics and label, and these components are not included in the definition. The label and definition are supported by literature references, and these are identified.

**Defining Characteristics or Details of the Intervention**   
List the details of the intervention that may be recommended, implemented or ordered as part of the nutrition intervention. Each intervention should contain a single concept focused on the patient/client, family, and/ or population. The intervention should not coincide or overlap with other interventions. The term addresses the patient/ population need within the RDN scope of practice.

**Label, Definition, Defining Characteristics or Details of the Intervention and References**  
References are cited for the definition, each defining characteristic and each related factor.

**Concept Analysis and Summary**

In addition to meeting the structural requirements for a nutrition intervention, a narrative review of relevant literature, culminating in a written concept analysis, is required to demonstrate the existence of a substantive body of knowledge underlying the intervention. The literature review/ concept analysis supports the label and definition, and includes discussion and support of the details of the intervention and other considerations associated with the intervention.