


## Nutrition Care Process Model Tutorials

Nutrition Care Process and Terminology Committee  
Academy of Nutrition and Dietetics

Nutrition Care Process Terminology  
2015 Edition



## Introduction

\*Please note: the "Introduction" repeats in each module. You may skip to this next section of the module if you have already viewed the introduction.

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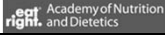
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## Introduction Objectives

1. Discuss rationale for learning and using the Terminology for the Nutrition Care Process (NCP) including the factors that drive nutrition and dietetics professionals to fully implement NCP and the rationale for development of the NCP Model and Terminology.
2. Describe the contents of each module.
3. Identify where to find additional resources for use of the Nutrition Care Process and Terminology.
4. Describe the self-assessment exam and CEUs available for accessing the entire set of modules.

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## Materials Referenced

*Journal of the Academy of Nutrition and Dietetics*: 2008, July/August

- Part 1: Nutrition Care process and model Update
- Part 2: NCP – Development of Standardized Language



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## Materials Referenced



eNCPT



Access eNCPT from your laptop, tablet, or smartphone

## Full Implementation



Factors that drive RDs and RDNs to full implementation of NCP:

1. Electronic Health Record allows for documentation of the specific care provided by the RD/RDN in a standardized terminology for:
  - Patients
  - Families
  - Caregivers
  - Population Groups
2. Outcomes Research based on RD and RDN documentation of results of patient care, specifically:
  - Useful to validate Evidence Based Nutrition Practice Guidelines
  - Will prove the benefit of utilizing services of the RD and RDN

## Full Implementation, Continued



Factors that drive RDs and RDNs to full implementation of NCP:

3. Dietetics Professional Standards
  - Commission on Dietetic Registration includes NCP Terminology material in registration exam for RDs, RDNs, and DTRs
  - Accreditation Council for Education in Nutrition and Dietetics includes the NCP model in their current standards of education.

## Dietetics Work: Critical Thinking



Dietitians have always done some type of:

- nutrition assessment
- intervention
- monitoring and evaluation
- documented care
- communication with other members of the health care team.

However, they have not always:

- done this in a standardized way
  - used the same word to describe the same thing
  - officially named the particular dietetic problems seen and attempt to remedy
- linked interventions to the underlying cause of etiology of the problem
- identified the signs and symptoms expected to change based on the interventions used
- clearly articulated whether the problem identified actually improved or resolved according to the plan

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## PES Statement



This recognition has led to the development of:

- a step in the process called “Nutrition Diagnosis”
- the PES statement:
  - P:** Problem
  - E:** Etiology
  - S:** Signs and Symptoms
- a specific terminology to label and describe what happens in each step of the Nutrition Care Process.

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## Tutorial Format:



### Nutrition Assessment

- Introduction of NCP
- Overview/Definition of Nutrition Assessment
- Terms: explanation and use
- Example in two case studies

### Nutrition Diagnosis

- Introduction of NCP
- Overview/Definition of Nutrition Diagnosis
- Terms: explanation and use
- PES Statements
- Example in two case studies

### Nutrition Intervention

- Introduction of NCP
- Overview/Definition of Nutrition Intervention
- Terms: explanation and use
- Nutrition Prescription
- Example in two case studies

### Monitoring and Evaluation

- Introduction of NCP
- Overview/Definition of Monitoring and Evaluation
- Terms: explanation and use
- Example in two case studies

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### Additional Resources



For additional Nutrition Care Process resources, information, and continuing education credits:

Visit [www.eatright.org/ncp](http://www.eatright.org/ncp)

or

<http://ncpt.webauthor.com/encpt-tutorials>

Follow the link:

- Self-assessment exam
- Certificate for 2 CEU credits

Suggested learning need codes

- 3005 Nutrition Diagnosis
- 5390 Care Planning, Documentation, Evaluation

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