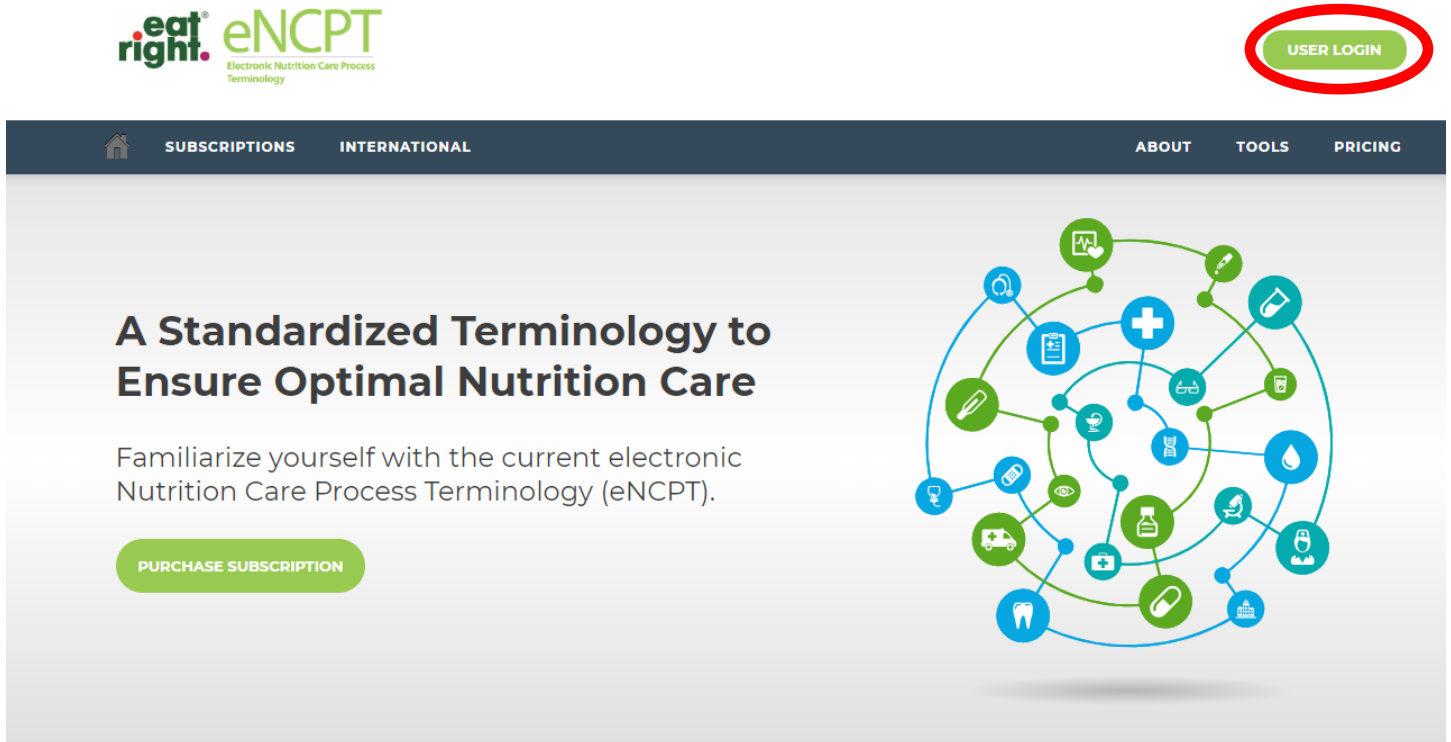


# Guide to Navigating the eNCPT

1. Visit [www.ncpro.org](http://www.ncpro.org) and click on the Login button in the upper right corner.

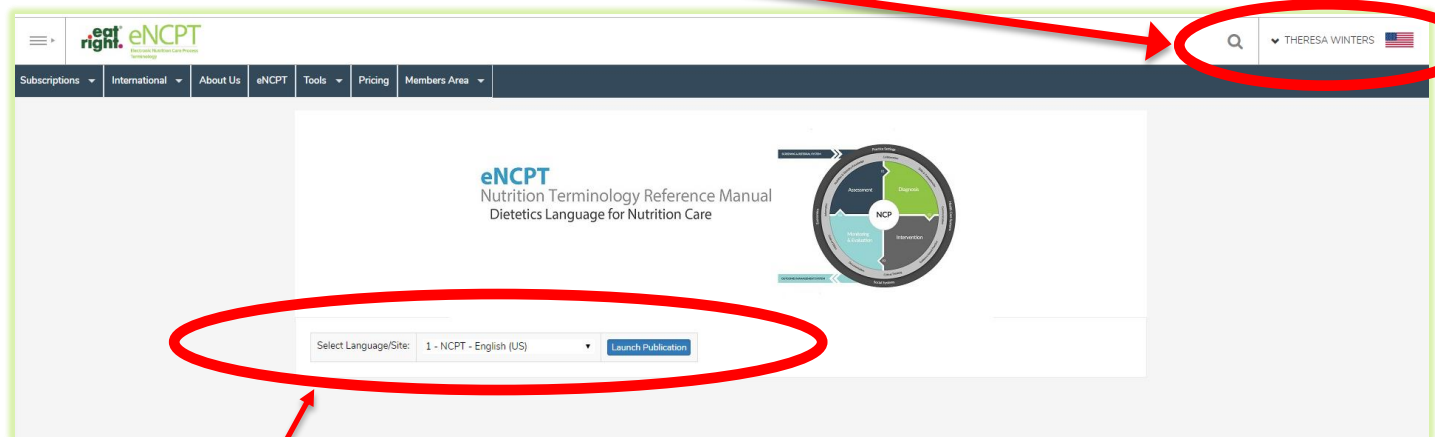


(Use the most up-to-date version of Google Chrome for the best results)

2. Log in with your username and password and click "Sign In."

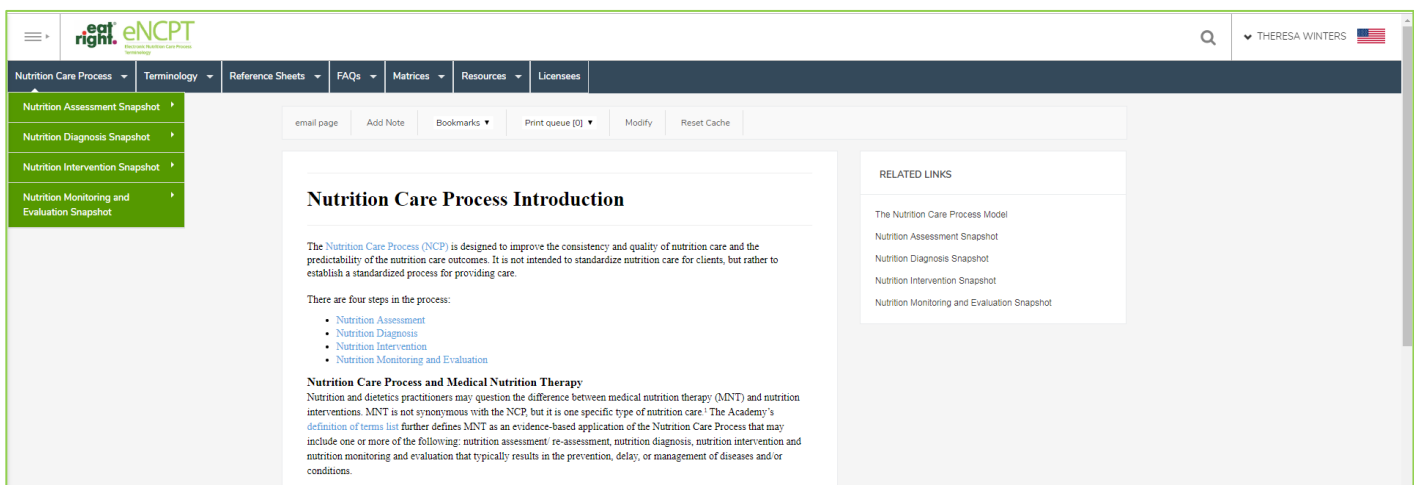
The screenshot shows the login page of the eNCPT website. At the top left is the logo for 'eat right. eNCPT' with the tagline 'Electronic Nutrition Care Process Terminology'. At the top right, a green 'USER LOGIN' button is visible. Below the logo is a dark blue navigation bar with links for 'SUBSCRIPTIONS', 'INTERNATIONAL', 'ABOUT', 'TOOLS', and 'PRICING'. The main content area has a light gray background. It starts with the text 'Welcome Back!' followed by 'As a registered member of this portal simply enter your eatright.org credentials below and click "Sign In"'. Below this is a large 'Sign In' heading. Underneath are two input fields: 'Username' and 'Password'. Below the password field is a checkbox labeled 'Remember me on this computer until I log out.' At the bottom right are two green buttons: 'SIGN IN' and 'RESET PASSWORD'.

3. You will see that the corner button now says, “Logged in as” and it lists your name.



4. Select your language and then click “Launch Publication.”

5. Once inside the Reference Manual, you can navigate an explanation and narrative of the Nutrition Care Process (NCP) by using your mouse to hover over the different NCP steps to open an expandable menu.





7. To navigate the NCP Reference Sheets, hover your mouse over the menu “Reference Sheets,” followed by the appropriate NCP step in order to open an expandable menu of the various domains.

The screenshot shows the eNCPT website interface. The top navigation bar includes a hamburger menu, the eNCPT logo, and a search icon. Below the navigation bar, a dark blue menu bar contains several dropdown menus: Nutrition Care Process, Terminology, Reference Sheets, FAQs, Matrices, Resources, and Licensees. The 'Reference Sheets' dropdown is expanded, showing a list of steps: Assessment, Diagnosis, Intervention, and Monitor/Evaluation. The 'Assessment' step is highlighted in green. Below the menu, the main content area displays the 'Nutrition Care Process Introduction' page. The page includes a paragraph about the Nutrition Care Process (NCP) and its purpose, followed by a list of four steps in the process: Nutrition Assessment, Nutrition Diagnosis, Nutrition Intervention, and Nutrition Monitoring and Evaluation. A 'RELATED LINKS' sidebar on the right lists various snapshots and models.

**Nutrition Care Process Introduction**

The **Nutrition Care Process (NCP)** is designed to improve the consistency and quality of nutrition care and the predictability of the nutrition care outcomes. It is not intended to standardize nutrition care for clients, but rather to establish a standardized process for providing care.

There are four steps in the process:

- [Nutrition Assessment](#)
- [Nutrition Diagnosis](#)
- [Nutrition Intervention](#)
- [Nutrition Monitoring and Evaluation](#)

**Nutrition Care Process and Medical Nutrition Therapy**

Nutrition and dietetics practitioners may question the difference between medical nutrition therapy (MNT) and nutrition interventions. MNT is not synonymous with the NCP, but it is one specific type of nutrition care.<sup>1</sup> The Academy's [definition of terms list](#) further defines MNT as an evidence-based application of the Nutrition Care Process that may include one or more of the following: nutrition assessment/ re-assessment, nutrition diagnosis, nutrition intervention and nutrition monitoring and evaluation that typically results in the prevention, delay, or management of diseases and/or conditions.

**RELATED LINKS**

- The Nutrition Care Process Model
- Nutrition Assessment Snapshot
- Nutrition Diagnosis Snapshot
- Nutrition Intervention Snapshot
- Nutrition Monitoring and Evaluation Snapshot

This screenshot shows the eNCPT website with the 'Reference Sheets' dropdown menu expanded further. The 'Assessment' step is selected, and a sub-menu is displayed. The sub-menu includes the following items: Food/Nutrition-Related History (FH), Anthropometric Measurements (AD), Biochemical Data, Medical Tests and Procedures (BD), Nutrition Focused Physical Findings (PD), Client History (CH), and Comparative Standards (CS). The 'Assessment' step remains highlighted in green. The main content area shows the 'Nutrition Care Process Introduction' page, which is partially obscured by the sub-menu. The 'RELATED LINKS' sidebar on the right remains visible.

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- Nutrition Monitoring and Evaluation Snapshot

8. If you would like to change your eNCPT language, click on your name and select the flag of the country you would like to see the eNCPT published in.

The screenshot shows the eNCPT website interface. At the top, the logo for 'eat right. eNCPT' is visible. A red circle highlights the user profile area in the top right corner, which displays 'THERESA WINTERS' next to a US flag. A red arrow points from this area to a 'SELECT PUBLICATION/LANGUAGE' dropdown menu. This menu is also circled in red and lists various language options, each with a corresponding flag. The first option, '1 - NCPT - English (US)', is marked as the 'Selected Publication'. The main content area on the left shows the 'Nutrition Care Process Introduction' page, which includes a paragraph about the NCP and a list of four steps: Nutrition Assessment, Nutrition Diagnosis, Nutrition Intervention, and Nutrition Monitoring and Evaluation.

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**SELECT PUBLICATION/LANGUAGE**

- 1 - NCPT - English (US) [ Selected Publication ]
- 2 - EHR Toolkit 2.0 (New Release)
- NCPT - Danish (Denmark)
- NCPT - French (Canada)
- NCPT - German (Switzerland)
- NCPT - Norwegian (Norway)
- NCPT - Simplified Chinese (China)
- NCPT - Swedish (Sweden)
- NCPT - Traditional Chinese (Taiwan)