

# Transcript

## NCP 2023 Tutorial

### Module 1

Welcome to the Nutrition Care Process Tutorial. This tutorial series is based on the eNCPT 2023 edition which is available at [www.nutritioncareprocess.org](http://www.nutritioncareprocess.org).

This tutorial is a 7 module series that covers all steps of the Nutrition Care Process. Module 1 outlines navigating the NCPT website, sometimes also referred to as the eNCPT. Module 2 provides an overview of the Nutrition Care Process or NCP. Modules 3,4,5, and 6 cover the steps of the Nutrition Care Process, including Nutrition Assessment, Nutrition Diagnosis, Nutrition Intervention, and Nutrition Monitoring and Evaluation. The final module, Module 7, includes a case study to provide examples of NCP terminology use in practice and also includes a wrap up.

Once all the NCP tutorial modules have been completed, users can access a quiz to check their knowledge and understanding for Registered Dietitian Nutritionists. Please visit the URL provided to take the NCP Tutorial Quiz. Upon passing the quiz, you will receive a link to download a certificate of completion. Please note this quiz is no longer available for continuing education credits for students and interns. Please visit the UL provided to take the NCP Tutorial Quiz. Upon passing the quiz, you also will receive a link to download a certificate of completion.

We will now move on to Module 1, Navigating the NCPT website. The objectives for this module are to briefly explain the history of the nutrition care process terminology, to describe the components of the NCPT website, to learn how to navigate the NCPT website, and to provide an own overview of the NCP tutorial format and the NCP quiz.

Now let's take a look at a timeline or background history of the NCP and the NCPT. In 2003, the Academy House of Delegates adopted the NCP and the Nutrition Care Process model. Five years later, in 2008, the first print format of the terminology was printed as the IDNT. More editions were then printed after this. In 2015, the Academy published the NCPT online as the electronic Nutrition Care Process Terminology, or eNCPT. Print versions were still available until 2017, even after the terminology went online. Since 2015, the NCPT website has been translated into 9 languages. The current online English version is the 2023 edition.

The NCPT website can be accessed at [www.nutritioncareprocess.org](http://www.nutritioncareprocess.org). From the home page, users can purchase an NCPT online subscription. They can sign up for a free

trial of the NCPT. They can access general information about the nutrition care process, including the model. They can complete these NCP tutorials. They can learn about NCP updates and news alerts and access free content, including commonly used term lists for malnutrition information and term highlights and articles on the Nutrition Care Process and Nutrition care process terminology. Users can also purchase the NCPT Clinical Case Studies, the Second Edition, and other NCPT resources as well.

Once users have purchased an NCPT subscription, they will have full access to all of the online content and the NCPT language translations. You may be wondering what content is available to NCPT subscribers. Once logged into the site, NCPT subscribers have access to the Nutrition Care Process Snapshots that summarize each NCP step. These narrative snapshots can be especially helpful for new NCPT users or can serve as a refresher on how to document using the Nutrition Care Process steps. Users also have access to over 200 reference sheets that detail specific Nutrition Care Process terms and how to use them. Subscribers also have access to the term list of all 2000 plus NCP terms organized by NCP Step.

Please feel free to reach out to the Academy of Nutrition and Dietetics with any Nutrition Care Process terminology questions that you may have.