





5	Nutrition Care Process: The four steps	 The Nutrition Care Process is made up of four separate, yet interconnected steps: Nutrition Assessment and Reassessment, Nutrition Diagnosis, Nutrition Intervention, and Nutrition Monitoring and Evaluation. In practice, as new information becomes available, the RDN revisits previous steps of the NCP to reassess, update nutrition diagnoses, adapt interventions, modify goals, and monitor outcomes. This slide provides a visual of the organization of the Nutrition Care Process steps and all of their domains (or categories). Each domain contains many terms.
6	Nutrition Care Process Terminology (NCPT)	 The Nutrition Care Process Terminology is a standardized terminology. It is also referred to as a structured language. The NCP terminology complements and communicates the Nutrition Care Process, and the terminology is organized into a hierarchical structure. The NCPT is a documentation tool for an electronic health record, or EHR, and it allows RDNs to communicate the same concepts consistently. When everyone uses the same terminology, it makes it easier to analyze and aggregate outcomes. The electronic Nutrition Care Process Terminology, or eNCPT, is available on www.ncpro.org. This subscription based online resource contains the complete and most current terminology.
7	Why use the NCP and NCPT?	You may be wondering, why should a student or RDN care to use the NCPT?



		 When RDNs use the NCPT to document nutrition care, this allows RDN's to track client progress, also known as outcomes. Using standardized terminology can lead to better reporting, thus improving care and quality measures. The NCPT also provides clarity and consistency in both health record communication and transferring of patient data. Furthermore, the <i>Revised 2017 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists</i> requires workflow elements of Nutrition Care to reflect the Nutrition Care Process.
8	Why use the NCP and NCPT?	Ultimately, when RDNs use the NCP terminology to communicate how nutrition care is provided, data can be used to demonstrate the value of RDNs and advance the nutrition and dietetics profession.
9	Continuing Education Credit	 RDNs seeking to obtain CEU's, you are required by CDR to complete the Critical Thinking Self-Study Evaluation Tool prior to taking the NCP Tutorial Quiz. Access the Tool and Quiz from the eNCPT site. Once the Tool is complete, you will be redirected to take the NCP Tutorial Quiz. Upon passing the Quiz, you will receive a link to download your CEU certificate. If you are a student or intern, please visit the second URL to take the NCP Tutorial Quiz. Upon passing the Quiz, you will receive a link to download certificate of completion with no CEUs.



11	Proceed to Module 2	This concludes the introductory module for the nutrition care process
		tutorials. Please proceed to module 2.