

Nutrition Care Process Terminology Summary of Changes Table

Note: This is a summary of changes in the NCPT from the 2020 edition to the 2023 edition. Check the related terminology sheets and reference sheets on the website (www.ncpro.org) for detailed information.

2020 Edition	2023 Edition	Change
NUTRITION DIAGNOSIS (ND)		
Learn more at What is new in this Edition .		
INTAKE (NI)	INTAKE NUTRITION DIAGNOSIS (NI)	Class name edited for clarity.
Most of the changes to the Intake nutrition diagnoses are part of a large quality improvement project with revisions for clarity and to ensure term concepts are understood without the need for additional context.		
Undesirable food choices (NB-1.7)	Unbalanced diet pattern (NI-2.11)	Moved to the Intake domain because the definition and etiologies are consistent with an intake nutrition diagnosis; name changed to reflect a more person-centered language and reinforce that nutrition diagnostic critical thinking is based on patterns on intake than individual instances
Limited food acceptance (NI-2.11)	Limited food acceptance (NB-1.7)	Moved to the Behavioral Environmental nutrition diagnoses domain.
Bioactive Substance (NI-4)	Bioactive Constituent Intake Nutrition Diagnoses (NI-4)	To reflect that the class includes substances that may have a positive impact (ie, bioactive substance), negative impact (ie, alcohol), and potential positive and/or negative impact (ie, caffeine) on humans.
Energy Balance (NI-1)	Energy Balance Nutrition Diagnoses (NB-1)	Edited for clarity.

Oral or Nutrition Support Intake (NI-2)	Oral or Nutrition Support Intake Nutrition Diagnoses (NI-2)	Edited for clarity.
Fluid Intake (NI-3)	Fluid Intake Nutrition Diagnoses (NI-3)	Edited for clarity.
Nutrient (NI-5)	Nutrient Intake Nutrition Diagnosis (NI-5)	Edited for clarity.
Fat and Cholesterol (NI-5.5)	Fat and Cholesterol Intake Nutrition Diagnoses (NI-5.5)	Edited for clarity.
Multinutrient (NI-5.11)	Multinutrient Intake Nutrition Diagnoses (NI-5.11)	Edited for clarity.
Protein (NI-5.6)	Protein Intake Nutrition Diagnoses (NI-5.6)	Edited for clarity.
Amino Acid (NI-5.7)	Amino Acid Intake Nutrition Diagnoses (NI-5.7)	Edited for clarity.
Carbohydrate and Fiber (NI-5.8)	Carbohydrate and Fiber Intake Nutrition Diagnoses (NI-5.8)	Edited for clarity.
Vitamin (NI-5.9)	Vitamin Intake Nutrition Diagnoses (NI-5.9)	Edited for clarity. Each diagnosis label is clearly labeled inadequate or excessive
Mineral (NI-5.10)	Mineral Intake Nutrition Diagnoses (NI-5.10)	Edited for clarity. Each diagnosis label is clearly labeled inadequate or excessive.
CLINICAL (NC)	CLINICAL NUTRITION DIAGNOSES (NC)	Class name edited for clarity.
Changes to the Clinical nutrition diagnoses include revision of terms that include more than one concept and use of more person-centered language; the classes are revised for clarity; new nutrition diagnoses were added to the Clinical domain.		
Biting/chewing (masticatory) difficulty (NC-1.2)	Difficulty chewing (NC-1.2)	Diagnosis focused on chewing difficulty; lacking research supporting biting difficulty.
none	Sarcopenia (NC-1.6)	New term and definition added

Functional (NC-1)	Functional Nutrition Diagnoses (C- 1)	Edited for clarity; definition edited with the addition of sarcopenia.
none	Obesity, adult or pediatric (NC- 3.3.2)	Added subclass to permit documentation of conditions at varying levels of granularity and tracking over time.
Biochemical (NC-2)	Biochemical Nutrition Diagnoses (NC-2)	Edited for clarity.
Weight (NC-3)	Weight Nutrition Diagnoses (NC-3)	Edited for clarity.
Malnutrition Disorders (NC-4)	Malnutrition Disorders Diagnoses (NC-4)	Edited for clarity.
BEHAVIORAL-ENVIRONMENTAL (NB)	BEHAVIORAL-ENVIRONMENTAL NUTRITION DIAGNOSES (NB)	Edited for clarity.
Two Behavioral-Environmental nutrition diagnoses were revised because they contain more than one concept, and two nutrition diagnoses were added.		
Knowledge and Beliefs (NB-1)	Knowledge and Beliefs Nutrition Diagnoses (NB-1)	Edited for clarity.
Unsupported beliefs/attitude about food or nutrition related topics (NB- 1.2)	Belief finding that hinders food and/or nutrition behavior change.(NB-1-3)	Concept was a concern due to using person-centered language and contained two ideas (beliefs and attitudes). The 2020 concept was limited to only unsupported beliefs/attitudes, whereas a range of beliefs and attitudes may be relevant for food and/or nutrition behavior change. Thus, the two new concepts developed
	Attitude finding that hinders food and/or nutrition behavior change (NB-1-9)	
Not ready for diet/lifestyle change (NB-1.3)	Not ready for nutrition related behavior change (NB-1.3)	Edited for clarity.

None	Limited food and nutrition related skill (NB-1.8).	This allows more accurate tracking of skill based food and nutrition issues and distinguishes them from Food and nutrition related knowledge deficit (NB-1.1).
Physical Activity and Function (NB-2)	Physical Activity and Function Nutrition Diagnoses (NB-2)	Edited for clarity.
Impaired ability to prepare foods/meals (NB-2.4)	Limited ability to prepare food for eating (NB-2.4)	Separated since food and meals are separate ideas.
Poor nutrition quality of life (NB-2.5)	Poor food and/or nutrition quality of life (NB-2.5)	Edited for clarity.
Food Safety and Access (NB-3)	Food Safety and Access Nutrition Diagnoses (NB-3)	Edited for clarity
Limited access to food (NB-3.2)	Food insecurity (NB-3.2)	Due to the evolution in the understanding of food insecurity, it is appropriate to relabel this nutrition diagnosis term specifically to food insecurity.
Other (NO)	Nutrition Situation (NO)	Edited for clarity as the idea of Other is an ambiguous description.