

### Nutrition Care Process Terminology Summary of Changes Table

Note: This is a summary of changes in the NCPT from the 2020 edition to the 2023 edition. Check the related terminology sheets and reference sheets on the website ( [www.ncpro.org](http://www.ncpro.org) ) for detailed information.

2020 Edition	2023 Edition	Change
<b>NUTRITION INTERVENTION (NI)</b>		
Terminology changes are primarily due to an overall quality improvement project. There are important changes with relevance to the COVID-19 pandemic where the context of the encounter is important to note when face-to-face nutrition interactions are not always possible. Learn more at <a href="#">What is new in this Edition</a> .		
<b>NUTRITION INTERVENTION PLANNING</b>		
Nutrition Intervention Planning	None	Deleted and replaced with 2 new domains.
<b>GOAL PLANNING (CG)</b>		
None	GOAL PLANNING (CG)	New domain from Nutrition Intervention Planning.
<b>PRESCRIPTION PLANNING (NP)</b>		
None	PRESCRIPTION PLANNING (NP)	New domain from Nutrition Intervention Planning
Nutrition prescription (NP-1.1)	Nutrition prescription for oral nutrition (NP-1.1)	Edited for clarity.
None	Nutrition prescription for enteral nutrition (NP-1.2)	Edited to identify the route associated with the nutrition prescription.
None	Nutrition prescription for parenteral nutrition (NP-1.3)	Edited to identify the route associated with the nutrition prescription
None	Nutrition prescription for intravenous (IV) fluid (NP-1.4)	Edited to identify the route associated with the nutrition prescription
<b>FOOD AND/OR NUTRIENT DELIVERY (ND)</b>		

None	Manage composition of oral intake (ND-1.1)	Reorganization places Manage composition of oral intake (ND-1.1) as the over-arching term for all diets that change, for example, the diet texture, nutrients, ingredients.
None	Vegetarian Diet (ND-1.1.2)	New term for diet.
None	Pesco vegetarian diet (ND-1.1.3)	New term for diet.
None	Lacto ovo vegetarian diet (ND-1.1.4)	New term for diet.
None	Lacto vegetarian diet (ND-1.1.5)	New term for diet.
None	Ovo vegetarian diet (ND-1.1.6)	New term for diet.
None	Vegan diet (ND-1.1.7)	New term for diet.
None	Halal diet (ND-1.1.8)	New term for diet.
None	Kosher diet (ND-1.1.9)	New term for diet.
None	Mediterranean diet (ND-1.1.10)	New term for diet.
Modify composition of meals/snacks (ND-1.2)		deleted
None	International Dysphagia Diet Standardisation Initiative Framework - Regular Level 7 (Black) food (ND-1.1.11.1)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Easy to Chew Level 7 (Black) food (ND-1.1.11.2)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.

None	International Dysphagia Diet Standardisation Initiative Framework - Soft and Bite Sized Level 6 (Blue) food (ND-1.1.11.2)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Minced and Moist Level 5 (Orange) food (ND-1.1.11.4)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Pureed Level 4 (Green) food (ND-1.1.11.5)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Extremely Thick Level 4 (Green) drinks (ND-1.1.11.6)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Liquidized Level 3 (Yellow) food (ND-1.1.11.7)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Moderately Thick Level 3 (Yellow) drinks (ND-1.1.11.8)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.

None	International Dysphagia Diet Standardisation Initiative Framework - Mildly Thick Level 2 (Pink) drinks (ND-1.1.11.9)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Slightly Thick Level 1 (Grey) drinks (ND-1.1.11.10)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
None	International Dysphagia Diet Standardisation Initiative Framework - Thin Level 0 (White) drinks (ND-1.1.11.11)	For the International Dysphagia Diet Standardisation Initiative (IDDSI) the terms are relabeled based on their term descriptions in SNOMED CT.
Liquid consistency thin liquids (ND- 1.2.1.4)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Liquid consistency nectar thick liquids (ND-1.2.1.5)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Liquid consistency honey thick liquids (ND-1.2.1.6)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Liquid consistency spoon thick liquids (ND-1.2.1.7)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Soft bite-sized food Level six Blue (ND-1.2.1.8)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Minced moist food Level five Orange (ND-1.2.1.9)	None	Removed as outdated given the IDDSI approach to dysphagia diets.

Pureed food Level four Green (ND-1.2.1.10)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Extremely thick liquid Level four Green (ND-1.2.1.11)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Liquidized food Level three Yellow (ND-1.2.1.12)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Moderately thick liquid Level three (ND-1.2.1.13)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Mildly thick liquid Level two Pink (ND-1.2.1.14)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Slightly thick liquid Level one Grey (ND-1.2.1.15)	None	Removed as outdated given the IDDSI approach to dysphagia diets.
Diets modified for specific foods or ingredients (ND-9)	Modification of diet for specific foods and/or ingredients (ND-19)	Edited for clarity.
None	Carbohydrate counting diet (ND-1.1.14.7)	Diet added.
None	Fermentable oligosaccharide, disaccharide, monosaccharide and polyols (FODMAP) modified diet (ND-1.1.14.8)	Diet added.
None	Decreased fermentable oligosaccharide, disaccharide, monosaccharide and polyols (FODMAP) diet (ND-1.1.14.8.1)	Diet added
None	Fermentable oligosaccharide, disaccharide, monosaccharide and polyols (FODMAP) reintroduction diet (ND-1.1.14.8.2)	Diet added

None	Customized low fermentable oligosaccharide, disaccharide, monosaccharide and polyols (FODMAP) diet (ND-1.1.14.8.3)	Diet added
None	Beef free diet (ND-1.1.19.1)	Term added to address food allergy, intolerance, and preferences.
None	Caffeine free diet (ND-1.1.19.2)	Term added to address food allergy, intolerance, and preferences.
None	Cow milk free diet (ND-1.1.19.3)	Term added to address food allergy, intolerance, and preferences.
None	Egg free diet (ND-1.1.19.5.2)	Term added to address food allergy, intolerance, and preferences.
None	Diet modified for uncooked corn starch (ND-1.1.19.6)	Term added to address food allergy, intolerance, and preferences.
None	Fish free diet (ND-1.1.19.7)	Term added to address food allergy, intolerance, and preferences.
None	Goat milk free diet (ND-1.1.19.8)	Term added to address food allergy, intolerance, and preferences.
None	Lupin free diet (ND-1.1.19.9)	Term added to address food allergy, intolerance, and preferences.
None	Mammalian meat free diet (ND- 1.1.19.10)	Term added to address food allergy, intolerance, and preferences.
None	Mammalian milk free diet (ND- 1.1.19.11)	Term added to address food allergy, intolerance, and preferences.
None	Peanut free diet (ND-1.1.19.12)	Term added to address food allergy, intolerance, and preferences.

None	Pork free diet (ND-1.1.19.13)	Term added to address food allergy, intolerance, and preferences.
None	Sesame free diet (ND-1.1.19.14)	Diet added
None	Sheep milk free diet (ND-1.1.19.15)	Diet added
None	Shellfish free diet (ND-1.1.19.16)	Diet added
None	Soy free diet (ND-1.1.19.17)	Diet added
None	Tree nut free diet (ND-1.1.19.18)	Diet added
None	Wheat free diet (ND-1.1.19.19)	Diet added
Modify schedule of food/fluids (ND-1.3)	None	Removed
Modify schedule of intake to limit fasting (ND-1.3.1)	None	Removed
Specific foods/beverages or group (ND-1.4.1)	Modification of specific food groups (ND-1.1.22)	Edited for clarity.
Diet modified for uncooked food starch (ND-1.4.3.1)	None	Removed
Diet with foods modified to be low in protein (ND-1.1.4.1)	None	Removed
Diet modified for egg (ND-1.4.4.2)	None	Removed
Raw egg free diet (ND-1.4.4.2.1)	None	Removed
None	Decreased oxalate diet (ND-1.1.23)	Diet added
None	Low microbial diet (ND-1.1.24)	Diet added
None	Advance diet as tolerated (ND- 1.1.25)	Diet added
None	Nil per os (NPO) (ND-1.1.26)	Diet added
Other (ND-1.5)	None	Removed
Modify schedule of food/fluid intake (ND-1.3)	Modification of schedule of oral intake (ND 1.2)	Edited for clarity.
Modify schedule of intake to limit fasting (ND-1.3.1)	Modification of schedule of intake to limit fasting (ND-1.2.1)	Edited for clarity.
ENTERAL AND PARENTERAL NUTRITION (ND-2)		

Enteral and Parenteral Nutrition (ND- 2)	Enteral and Parenteral Nutrition Management (ND-2)	Edited for clarity.
Enteral Nutrition (ND-2.1)	Enteral Nutrition Management (ND-2.1)	Edited for clarity.
Modify composition of enteral nutrition (ND-2.1.1)	Management of composition of enteral nutrition (ND-2.1.1)	Edited for clarity.
Modify concentration of enteral nutrition (ND-2.1.2)	Management of concentration of enteral nutrition (ND-2.1.2)	Edited for clarity.
Modify rate of enteral nutrition (ND-2.1.3)	Management of delivery rate of enteral nutrition (ND-2.1.3)	Edited for clarity.
Modify volume of enteral nutrition (ND-2.1.4)	Management of volume of enteral nutrition (ND-2.1.4)	Edited for clarity.
Modify schedule of enteral nutrition (ND-2.1.5)	Management of schedule of enteral nutrition (ND-2.1.5)	Edited for clarity.
Modify route of enteral nutrition (ND-2.1.6)	Management of route of enteral nutrition (ND-2.1.6)	Edited for clarity.
Enteral nutrition site care (ND-2.1.8)	Management of enteral nutrition site care (ND-2.1.8)	Edited for clarity.
Feeding tube flush (ND-2.1.9)	Management of flushing of feeding tube (ND-2.1.9)	Edited for clarity.
Parenteral Nutrition/IV Fluids (ND-2.2)	Parenteral Nutrition/IV Fluid Management (ND-2.2)	Edited for clarity.
Modify composition of parenteral nutrition (ND-2.2.1)	Management of composition of parenteral nutrition (ND-2.2.1)	Edited for clarity.
Modify concentration of parenteral nutrition (ND-2.2.2)	Management of concentration of parenteral nutrition (ND-2.2.2)	Edited for clarity.
Modify delivery of parenteral nutrition (ND-2.2.3)	Management of delivery rate of parenteral nutrition (ND-2.2.3)	Edited for clarity.
Modify volume of parenteral nutrition (ND-2.2.4)	Management of volume of parenteral nutrition (ND-2.2.4)	Edited for clarity.
Modify schedule of parenteral nutrition (ND-2.2.5)	Management of schedule of parenteral nutrition (ND-2.2.5)	Edited for clarity.



Modify route of parenteral nutrition (ND-2.2.6)	Management of route of parenteral nutrition (ND-2.2.6)	Edited for clarity.
Parenteral nutrition site care (ND-2.7)	Management of parenteral nutrition site care (ND-2.2.7)	Edited for clarity.
IV fluid delivery (ND-2.2.8)	Management of intravenous (IV) fluid delivery (ND-2.2.8)	Edited for clarity.
<b>NUTRITION SUPPLEMENT THERAPY (ND-3)</b>		
A (ND-3.2.3.1)	Vitamin A supplement therapy (ND-3.2.3.1)	Edited for clarity.
C (ND-3.2.3.2)	Vitamin C supplement therapy (ND-3.2.3.2)	Edited for clarity.
D (ND-3.2.3.3)	Vitamin D supplement therapy (ND-3.2.3.3)	Edited for clarity.
E (ND-3.2.3.4)	Vitamin E supplement therapy (ND-3.2.3.4)	Edited for clarity.
K (ND-3.2.3.5)	Vitamin K supplement therapy (ND-3.2.3.5)	Edited for clarity.
Thiamin (ND-3.2.3.6)	Thiamin supplement therapy (ND- 3.2.3.6)	Edited for clarity.
Riboflavin (ND-3.2.3.7)	Riboflavin supplement therapy (ND-3.2.3.7)	Edited for clarity.
Niacin (ND-3.2.3.8)	Niacin supplement therapy (ND-3.2.3.8)	Edited for clarity.
Folate (ND-3.2.3.9)	Folate supplement therapy (ND- 3.2.3.9)	Edited for clarity.
B6 (ND-3.2.3.10)	Vitamin B6 supplement therapy(ND-3.2.3.10)	Edited for clarity.
B12 (ND-3.2.3.11)	Vitamin B12 supplement therapy (ND-3.2.3.11)	Edited for clarity.
Pantothenic acid (ND-3.2.3.12)	Pantothenic acid supplement therapy (ND-3.2.3.12)	Edited for clarity.
Biotin (ND-3.2.3.13)	Biotin supplement therapy (ND-3.2.3.13)	Edited for clarity.
Calcium (ND-3.2.4.1)	Calcium supplement therapy (ND-3.2.4.1)	Edited for clarity.
Chloride (ND-3.2.4.2)	Chloride supplement therapy (ND- 3.2.4.2)	Edited for clarity.

Iron (ND-3.2.4.3)	Iron supplement therapy (ND- 3.2.4.3)	Edited for clarity.
Magnesium (ND-3.2.4.4)	Magnesium supplement therapy (ND-3.2.4.4)	Edited for clarity.
Potassium (ND-3.2.4.5)	Potassium supplement therapy (ND-3.2.4.5)	Edited for clarity.
Phosphorus (ND-3.2.4.6)	Phosphorus supplement therapy (ND-3.2.4.6)	Edited for clarity.
Sodium (ND-3.2.4.7)	Sodium supplement therapy (ND- 3.2.4.7)	Edited for clarity.
Zinc (ND-3.2.4.8)	Zinc supplement therapy (ND- 3.2.4.8)	Edited for clarity.
Sulfate (ND-3.2.4.9)	Sulfate supplement therapy (ND-3.2.4.9)	Edited for clarity.
Fluoride (ND-3.2.4.10)	Fluoride supplement therapy (ND-3.2.4.10)	Edited for clarity.
Copper (ND-3.2.4.11)	Copper supplement therapy (ND- 3.2.4.11)	Edited for clarity.
Iodine (ND-3.2.4.12)	Iodine supplement therapy (ND-3.2.4.12)	Edited for clarity.
Selenium (ND-3.2.4.13)	Selenium supplement therapy (ND-3.2.4.13)	Edited for clarity.
Manganese (ND-3.2.4.14)	Manganese supplement therapy (ND-3.2.4.14)	Edited for clarity.
Chromium (ND-3.2.4.15)	Chromium supplement therapy (ND-3.2.4.15)	Edited for clarity.
Molybdenum (ND-3.2.4.16)	Molybdenum supplement therapy (ND-3.2.4.16)	Edited for clarity.
Boron (ND-3.2.4.17)	Boron supplement therapy (ND-3.2.4.17)	Edited for clarity.
Cobalt (ND-3.2.4.18)	Cobalt supplement therapy (ND-3.2.4.18)	Edited for clarity.
Bioactive Substance Management (ND-3.3)	Bioactive Constituent Management (ND-3.3)	Edited for clarity.
<b>INFANT FEEDING MANAGEMENT (ND-7)</b>		
Breastmilk feeding modification (ND-7.1)	Breastmilk feeding management (ND-7.1)	Edited for clarity.

Modify concentration of breastmilk (ND-7.1.1)	Management of concentration of breastmilk (ND-7.1.1)	Edited for clarity.
Modify human milk fortifier additive in breastmilk (ND-7.1.1.1)	Management of human milk fortifier additive in breastmilk (ND-7.1.1.1)	Edited for clarity.
Modify carbohydrate additive in breastmilk (ND-7.1.1.2)	Management of carbohydrate additive in breastmilk (ND-7.1.1.2)	Edited for clarity.
Modify fat additive in breastmilk (ND-7.1.1.3)	Management of fat additive in breastmilk (ND-7.1.1.3)	Edited for clarity.
Modify protein additive in breastmilk (ND-7.1.1.4)	Management of protein additive in breastmilk (ND-7.1.1.4)	Edited for clarity.
Modify fiber additive in breastmilk (ND-7.1.1.5)	Management of fiber additive in breastmilk (ND-7.1.1.5)	Edited for clarity.
Modify added infant formula in breastmilk (ND-7.1.1.6)	Management of added infant formula in breastmilk (ND-7.1.1.6)	Edited for clarity.
Modify breastfeeding attempts (ND-7.1.2)	Management of breastfeeding attempts (ND-7.1.2)	Edited for clarity.
Modify volume of breastmilk (ND- 7.1.3)	Management of volume of breastmilk (ND-7.1.3)	Edited for clarity.
Infant formula modification (ND-7.2)	Infant formula management (ND- 7.2)	Edited for clarity.
Modify composition of infant formula (ND-7.2.1)	Management of composition of infant formula (ND-7.2.1)	Edited for clarity.
Modify concentration of infant formula (ND-7.2.2)	Management of concentration of infant formula (ND-7.2.2)	Edited for clarity.
Modify human milk fortifier additive in infant formula (ND-7.2.2.1)	Management of human milk fortifier additive in infant formula (ND-7.2.2.1)	Edited for clarity.
Modify carbohydrate additive in infant formula (ND-7.2.2.2)	Management of carbohydrate additive in infant formula (ND-7.2.2.2)	Edited for clarity.
Modify fat additive in infant formula (ND-7.2.2.3)	Management of fat additive in infant formula (ND-7.2.2.3)	Edited for clarity.
Modify protein additive in infant formula (ND-7.2.2.4)	Management of protein additive in infant formula (ND-7.2.2.4)	Edited for clarity.

Modify fiber additive in infant formula (ND-7.2.2.5)	Management of fiber additive in infant formula (ND-7.2.2.5)	Edited for clarity.
Modify infant formula feeding attempts (ND-7.2.3)	Management of infant formula feeding attempts (ND-7.2.3)	Edited for clarity.
Modify volume of infant formula (ND-7.2.4)	Management of volume infant formula (ND-7.2.4)	Edited for clarity.
NUTRITION COUNSELING (C)		
Theoretical Basis/Approach (C-1)	Nutrition Counseling Theoretical Basis/Approach (C-1)	Edited for clarity. Definition modified.
Strategies (C-2)	Nutrition Counseling Strategies (C-2)	Edited for clarity. Definition modified.
NUTRITION INTERVENTION ENCOUNTER CONTEXT (IC)		
None	NUTRITION INTERVENTION ENCOUNTER CONTEXT (IC)	New domain for describing the context for encounters with clients.
None	Identify Nutrition Intervention Encounter Setting (IC-1)	New class to determine environment where nutrition care is provided.
None	Ambulatory health setting (IC-1.1)	Setting added.
None	Assisted living setting (IC-1.2)	Setting added.
None	Community health care setting (IC- 1.3)	Setting added.
None	Home health setting (IC-1.4)	Setting added.
None	Inpatient care setting (IC-1.5)	Setting added.
None	Inpatient rehabilitation environment (IC-1.6)	Setting added.
None	Nursing home setting (IC-1.7)	Setting added.
None	Outpatient setting (IC-1.8)	Setting added.
None	Private practice setting (IC-1.9)	Setting added.
None	Skilled nursing setting (IC-1.10)	Setting added.
None	Identify Nutrition Intervention Encounter Approach (IC-2)	New class to describe the method for provision of nutrition care.

None	Individual client direct nutrition intervention encounter (IC-2.1)	Encounter added.
None	Group client direct nutrition intervention encounter (IC-2.2)	Encounter added.
None	Telehealth nutrition intervention encounter (IC-2.3)	Encounter added.
None	Individual client video telehealth nutrition intervention encounter (IC-2.3.1)	Encounter added.
None	Group client video telehealth nutrition intervention encounter (IC-2.3.2)	Encounter added.
None	Individual client audio only telehealth nutrition intervention encounter (IC-2.3.3)	Encounter added.
None	Group client audio only telehealth nutrition intervention encounter (IC-2.3.4)	Encounter added.
None	Telehealth nutrition monitoring (IC-2.4)	Encounter added.
None	Asynchronous nutrition intervention encounter (IC-2.5)	Encounter added.
None	Provision of written information about nutrition (IC-2.5.1)	Encounter added.